



Are there any more for the Midsummer BBQ at Boa Vista Golf Club on **21st June** where we will have a variety of BBQ foods, wine with the meal and dancing to live music afterwards? The meal will be served at 7.30pm and there are tables of 8 if you wish to come with friends. Otherwise, you will just join in with other Members and hopefully make new friends along the way. The payment of €36 for Members (€40 guests) is now due so please can you transfer it to the events account at Credito Agricola:

Patricia Allen (PT50) 0045 7194 4030 1600 2393 9 Swift: CCCMPTPL

At the **end of August/beginning of September**, there is a chance that we can help tread the grapes in the traditional method of climbing in the vat and stomping away. We pick them from the vines from about 8.30.am – then stop for a delicious lunch and later on, off to the winery to tread the grapes in situ. Let me know if you want your name down for this – no stomping without the days work first and limited numbers of people. Those who have done this before have enjoyed the opportunity.



There are 2 **September** events: on **16th** there is an Open Day at Floresta Bowls Club. Come along and try Lawn Bowls – newcomers to the game will be given lessons but all standards are welcome. Flat shoes must be worn to walk on the rink and a lunchtime baguette and drink will be available for €5 if wanted. It would be helpful to know in advance if you would like that.

Otherwise, just pop in between 1pm and 4pm. Please register with Anne Sabine office@sabineassociates.co.uk

September 22nd will be the river trip on the Guadiana between Portugal and Spain, setting sail at 10am and returning about 5pm to Vila Real. We have lunch in a traditional mountain village restaurant with as much to eat or drink as you want. If you don't want to drive, there will be a coach with various pick-ups along the N125 and the cost for the day is €48.50 for Members, €52.50 for guests, instead of the normal €64, so a great discount. Coach fee is extra, of course. I have done this about 10 times and it has always been very well received, which is why I repeat it every few years. About 100 Members already went last week and the feedback has been very complimentary. Get your name down quickly as there are limited spaces and once it is full,

then we can take no more. Sadly, this trip is not suitable for those of limited mobility – no wheelchairs or strollers, though walking sticks are fine. But otherwise, all welcome and you can bring neighbours and friends as guests too.



I will also briefly mention a very interesting day out that Anne Sabine (as above) is again organising for me – thank you Anne for easing my load – and it is a coach trip to a cork factory and plantation, a convivial lunch and

then on to the Traje museum which houses costumes through the years, carts and machinery, a mock-up of WW1 trenches and more details about the cork industry, which is where the original owner of this 19th century manor made his fortune. Anne has written a very informative sheet on this with details about how to book your place so again, contact her on office@sabineassociates.co.uk to find out more, register your interest and/or to book. And remember to keep your used corks for Riding for the Disabled. You can take them to the Riding School itself or give to any person who helps out at Riding school.

M2M: Last month, another helper, Lyn, organised a walk & lunch which went down very well, and prompted a member to tell us about walks in aid of NANDI which take place on the 1st and 3rd Fridays of every month.

The details are posted on Sunday evenings on the following webpage <https://sites.google.com/view/charity-walks>

The walks are €5 pp and all money raised goes to the charity. Further details can be had from Maria, on 910 752 998 or 0049 176 389 56 448 and all are welcome to come along.

If you are not already down, contact me quickly for the BBQ as I am sorting tables out now and also if you want to register for the September Guadiana day-trip or if you are interested in treading the grapes. For the other events, get in touch with the people mentioned above.

Hope to hear from you soon.

Kind Regards,

Pat Allen

Lagoa Event Organiser

Email: pat.allen@zoho.com or lagos@afpop.com

Event photos

I do not take photographs at events but if other Members do, then we would be happy to include some in **afpop's** media. Please advise the photographer if you do NOT wish to be included in any that might be published in UPDATE Magazine or on the **afpop** website/Facebook page. And if you do take some nice photos of our activities, please send them to me or to Cátia at members@afpop.com to show our social side. Area photographs will not be used for any other purpose or made available by **afpop** to any other organisation.