



Karen spricht kein Deutsch, aber alle unsere Mitglieder sind herzlich eingeladen, an den Veranstaltungen teilzunehmen. Übersetzungen in deutscher Sprache finden Sie in unserem Update-Magazin.

Dear {{ contact.TITLE }} {{ contact.FIRSTNAME }} {{ contact.LASTNAME }},

If you attended Dom Dinis on Saturday 18th of October I hope you enjoyed it. Photos attached.



Coming up in date order:

M2M

Gents breakfast at Littrus Bar Gale 11am Thursday 6 November. In aid of Algarve Emporium charity feeding families in need. I am arranging this on behalf of fellow Member Caroline Langston. If you wish to attend, please bring 2 unperishable items to give to needy families. Pay as you go. Pre order required. Menu attached. Please reserve with me before the day.



The image shows a printed breakfast menu for Littrus. At the top, there is a logo with 'lts. LITTRUS' and a Union Jack flag. Below the logo, it says 'BREAKFAST MENU' and '09:30 TO 12:00'. The menu is divided into two main sections: 'BREAKFAST MAINS' and 'DRINKS'. The 'BREAKFAST MAINS' section lists various breakfast options with their prices. The 'DRINKS' section lists various beverages with their prices.

BREAKFAST MAINS	
English Breakfast large 🍳	7€
2 bacon, 2 sausages, 2 hashbrowns, egg, baked beans, tomato, mushrooms, 2 toast	
English Breakfast small 🍳	5.5€
1 bacon, 1 sausage, 1 hashbrown, egg, baked beans, tomato, mushrooms, 1 toast	
Vegetarian Breakfast 🍳	5.5€
2 vegetarian sausages, 1 hashbrown, egg, baked beans, tomato, mushrooms, 1 toast	
Breakfast roll with 2 fillings 🍳	3.5€
bacon / sausage / egg	
Toast 🍞	1.5€
with butter and jam	
Toastie 🍞🍞	3.5€
ham and cheese / cheese and onion / tuna and onion	
Omelette with 2 fillings 🍳	4.5€
cheese / ham / mushrooms / onions / tomato	
Baked beans or egg on toast 🍳	3.5€
scrambled / fried	
Pastries 🍞🍞	3.5€
Croissant / Pain au chocolat	

DRINKS	
Espresso	1€
Coffee	1.5€
Latte / Americana / Cappuccino / Flat white	
Iced coffee	1.5€
Tea	1.5€
Black / green / fruit	
Orange juice	2€
Apple juice	2€
Ice tea	2€
peach / lemon / mango	
Soft drinks	2€
Coca-cola / Coca-cola zero / Fanta / Guaraná / 7up	
Still water	1.1/2.5€
0.5l / 1.5l	
Sparkling water	2€
0.25l	

Sunday 9 November 1.30pm the Cockerel Albufeira. Roast lunch.

Roast lamb or chicken or beef or pork. Includes roast and mashed potatoes and vegetables and Yorkshire pudding and gravy and sauces. €16, includes first drink and tip. €19 for non Members. Correct cash on the day please.

Dessert is charged at €6, choice of strawberry cheesecake or profiteroles or strawberry sundae or chocolate fondant with Oreo ice cream or ice cream sundae. Please advise main course choice and dessert choice, if applicable, by email by 3 November.

M2M

Ladies tapas at Littrus Bar Gale 3pm Sunday 30 November in aid of Algarve Emporium charity feeding families in need. I am organising this on behalf of fellow Member Caroline Langston. €12.50 buys you tapas consisting of meats cheese bread olives fruit and 2 glasses of wine. Please email me if you wish to attend. Please bring 2 unperishable items to give to the families.

Lunch at A Cocheira restaurant Albufeira 1.30pm Tuesday 9 December.

€27, €30 non Members, includes tip, please bring correct cash on the day.

On offer is Tabua starter, chorizo, cheese bread, crackers.

Main: slow cooked lamb or Algarvian tuna or seitan, all with gratinated potato and vegetables, or vegetarian bolognese.

Dessert: whiskey ice cream tart or Algarve tart.

Price includes wine water soft drinks and coffee.

Please email me with your choices for main and dessert by 3 December.

If we get plenty of attendees, I will be doing a raffle, which will include a lovely hamper donated by **afpop**. Please bring along a raffle prize if you can, and change to buy raffle tickets 🎟️

M2M

I have arranged another Gents breakfast at Littrus for Algarve Emporium charity feeding families in need on Thursday 11 December. See details above and menu to pre order.



M2M

Bill and I are going to Littrus for Christmas day lunch. If you would like to join us, that would be great. Details attached.

I still have the mini break in mind for 31 January and 1 February. Nothing definite yet re venue. I am working on it. I am thinking 4* hotel. Maybe Alvor or Tavira, or Portimão.

I have been away recently and have been pretty busy!

PLEASE note

Cancellations/non attendance on the day are to be paid to the establishment by yourself.

Cancellations 48 hrs before the event will be charged at the discretion of the establishment. Thank you for your understanding.

Best wishes

Looking forward to hearing from you!

Karen Haythorpe-Green

afpop Albufeira Area Event Organiser

Email: albufeira@afpop.com

Event photos

I would like to take photographs during the event that we might use in **afpop's** media. Please advise me if you do not wish to be included in any photograph from the event that might be published in UPDATE Magazine or on the **afpop** website/Facebook page. Area photographs will not be used for any other purpose or made available by **afpop** to any other organisation.

afpop

Urbanização Poço Fojo,
Rua dos Bombeiros Voluntários,
Lote 5, Loja A,
8500-649 Portimão
Portugal

Tel: +351 282 458 509

Mob: +351 938 252 100

Email: info@afpop.com

Web: www.afpop.com

GPS: [37.141568, -8.544714](#)



Please remember, if you do forward this information to others, please remove the 'Update my preferences' link, or they may just take YOU off our mailing list. If you wish to 'unsubscribe' from receiving the social mailing list but still wish to receive the office mailings, please send an email to members@afpop.com instead or manage your preferences below clicking in the 'Update my preferences' link. If you are receiving this from an **afpop** Member and wish to join the Association, please click [HERE](#) to go to our website or contact the **afpop** office on info@afpop.com for more information.

Disclaimer: **afpop** is committed to upholding the principles of the EU General Data Protection Regulations (GDPR) 2018 and to safeguarding your rights and protecting your privacy. You are receiving this **NFA** Mailing and its contents as you have requested to be included in the **News from afpop** mailing list. Your e-mail address is never divulged to any other party.

Neither **afpop** nor its representatives receive any inducement or remuneration from any organisation for including their details in the newsletter. It is your right to be removed from this mailing list at any time and you should do so by clicking the link.

This email was sent to {{ contact.EMAIL }} You received this email because you are a member of **afpop**

[Update your preferences HERE](#)

© 2025 **afpop**