

*The Eastern Algarve is the fun place to be . . . !*



*It's Time To Say...*

**GOODBYE**



**2025**

**afpop**  
Eastern Algarve

*Your afpop friends are waiting! • Fun times! • A warm welcome!  
It's nearly time to say goodbye after 18 years*

## *afpop EA Local Newsletter : September 2025*

### *Hello members & friends*

The cooler days and evenings are now arriving, which is very welcome. It's been a hot summer with lovely light evenings that have allowed us to sit outside until late in the evening, perhaps with a glass in hand, sipping cold white wine and listening to music. Over the last couple of weeks the sun has been setting earlier and earlier and we have had some amazing sunsets—but don't we always in the Algarve?



Many of you will know from my previous Newsletters and from a recent article in UPDATE, **I am saying goodbye on the 5th December at my FAREWELL Christmas Dinner**

**Dance. Please see page 2 for more details.** I have already received over 60 bookings and there are still 13 weeks to go. I intend to go out "in style"

Over the years members from several areas have attended my events. I hope to see you at my Farewell Night to say *au revoir* ... although it will never be a total goodbye as I'll always be organising something ☺. I have such very fond memories of my last 18 years organising events for the East Algarve area... which also included the Loule/Faro members for 14 years .

**I was asked recently what events I remember the most,** and without hesitation I said our Full Moon Nights at the Catering College in Faro... they were absolutely magical. We often had 140+ guests attending. Everyone dining and dancing outside under the stars with the light of a full moon shining down on us. Fun times.☺

**Other area events you can attend ...** There is the Loulé / Faro plus Albufeira areas, who organize some great events. They are all in the UPDATE magazine.



**Is there a volunteer who would like to become the East Algarve Area Events Organiser ? I have loved my time with afpop... it's been the best!!!**

If you are interested, contact the main office or send me an email and I will pass your details on. We need a younger AEO will lots of energy and new ideas ☺... The main **afpop** office team are great and will fully support you. Why not give it a go?

Please take time to look at the **Member-2-Members pages (3 & 4)**, to find what else is going on in our area. Are some of you interested in croquet? One of our members David is promoting an event on the 4th October. There is also a Breast Cancer Awareness Morning / Lunch on the 2nd October... at one of our favourite restaurants, Tribulum.

**BLIP EXPO 2025...** another date for your diaries... see page 4.

*Cuide-se ... Linda x*





# FAREWELL CHRISTMAS DINNER DANCE

**Friday December 5th :**

**5\* Real Marina Hotel Olhão**

**€72.00 members • 75.00 non-members**

**7.30pm to Midnight/12.30**

**Fizz reception, 3 course meal, wine, water & coffee**

**Live entertainment with the 5EX Band**

**This is not just a Dinner Dance**

**It's a FAREWELL event ... after 18 years, it's time to say goodbye**

Last years Christmas Dinner Dance had 120 guests and everyone had a fabulous time, the dance floor was busy all night!

Our 5 piece band this year is 5EX... (last year we had 2EX), it will be a fun party atmosphere to celebrate Christmas.

## Our celebration evening will consist of . . .

7.30 to 8.00 - Drinks Reception A Welcome drink of a sparkling wine, or orange juice

8.00 onwards - We go to our tables for dinner

PLEASE NOTE: you can choose across both menus ☺

Our main menu for the evening :

**Starter:** salmon gravlax, cured in citrus fruits, dill & beetroot, lettuce sprouts & honey mustard sauce or

Wild mushroom cream soup

**Main:** Confit duck leg, chorizo crumble, celery cream, glazed vegetables in ruby port wine potato gratin, braised vegetables & Madeira wine sauce or

Swordfish loaf in sesame crust, potato gratin, cherry tomato confit & saffron sauce

**Dessert:** Cheesecake with passion fruit interior, red fruits & crumble or

Pure butter coolant, chocolate ganache, Yuzu & lemon pistachio crumble

## Veggie / Vegan option

**Starter:** Cream of fresh mushrooms or

Buckwheat, mango, avocado & cherry tomato salad with watercress & soy sauce

**Main** Seitan & pumpkin ravioli, cashew & basil sauce or

Smoked tofu pica-pau, thinly sliced potatoes & green salad

**Desserts:** Roasted pineapple with port & cinnamon reduction, pistachio ice cream or

Fresh fruit platter



The meal is inclusive of: red and white wine (or beer), water, soft drinks and coffee.

After the meal it goes onto a "pay as you go" bar.

**afpop Special Room Rate :**

Double Room ROH BB – 110.00€ per room, per night :

Single Room ROH BB – 100.00€ per room, per night .

Sea View Supplement – 30.00€ per room, per night

Also check out some of the booking sites to ensure you have the best rate

**Reserving places** Send an email to me to book your places with your food choices and any special dietary requirements. If you would like to sit with friends please let me know.

**Dress Code** Whatever takes your fancy! Dress up or down, just be there ☺ !





## Member-2-Member for the community

This section is associated with the EA local community. If any members want to advertise an event they are involved in or a community service they think other members would be interested in please let me know and I will include it. **Sorry: I do NOT design things for you to add here, I will NOT organise your event for you @... and if anything isn't thought appropriate it will not be added.** ☹



### LEARN TO PLAY CROQUET IN OUR BEAUTIFUL HOTEL ENVIRONMENT Saturday 4<sup>th</sup> October 2025 09.00 until 17.00

**Gentle exercise**      **Mentally challenging**

Enjoy learning the basic strokes and tactics of Golf Croquet at this one-day course in the beautiful and peaceful surroundings of the Hotel Quinta dos Poetas, Arretorta, under the guidance of a local club coach. Golf croquet is the more commonly played of the two croquet versions. It is an extremely sociable game, with the basic skills and tactics easy to acquire, but yet providing an infinite variety of game situations on the lawn. The course is limited to 8 participants to ensure maximum time and guidance on the lawn.

The fee for the day is 25 euros. Included are coffee on arrival and mid-morning and a light lunch of soup and filled baguette, with drink, (beer, wine, soft). Mallets and all equipment provided.

To book your place, or for more information, email David Denman on [daviddenman1@hotmail.co.uk](mailto:daviddenman1@hotmail.co.uk) by 20<sup>th</sup> September 2025

Clothing should be light and comfortable, shorts or trousers; flat soled footwear only on the lawn; a light water/windproof coat and hat depending on the weather.



### Croquet is played at the Hotel Quinta dos Poetas, at Arretorta,

The lawn can be booked for a 2-hour session, or you can join in at any of the regular roll up sessions on Sunday mornings and Tuesday afternoons, with Ladies morning on Wednesday and a Mens morning on Thursday. Partners/opponents at these sessions are randomly drawn. Enjoy gently keeping your steps up while your brain sorts out the tactical problems.



**For those who would like to learn the basics of the game a one-day introduction course will be held at the hotel on Saturday 4<sup>th</sup> October, with all equipment and a light lunch included.**

**For details of this and croquet at the hotel in general, please contact David by email at [daviddenman1@hotmail.co.uk](mailto:daviddenman1@hotmail.co.uk)**



ASSOCIAÇÃO DE PLANTAS E JARDINS  
EM CLIMAS MEDITERRÂNICOS  
Mediterranean Gardening Association – Portugal  
[www.mgaportugal.org](http://www.mgaportugal.org)



# AUTUMN Mediterranean Gardening FAIR

Not our area  
but always  
worth a visit

**Saturday 18 & Sunday 19 October  
10h - 17h Entry €1  
Parque Municipal (FATACIL) Lagoa**




#### Organisers

APEJECM / MGAP

With the support of Câmara  
Municipal de Lagoa

[mgapfairs@gmail.com](mailto:mgapfairs@gmail.com)

[www.mgaportugal.org](http://www.mgaportugal.org)

 MedGardenersPortugal

#### Sponsors



### Calling all Tavira members... I received this email and have permission to share their contact details

I am reaching out to see if we may be able to connect with an expat in Tavira sometime between Sept 25-29.

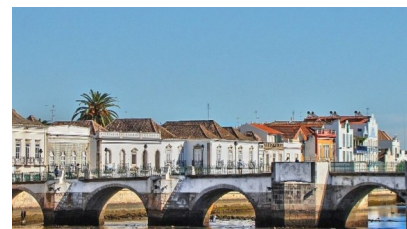
My husband Michael and I are taking a short trip to explore Tavira as a place of residence for us from the US.

We would love the opportunity to connect with an expat individual or couple who may be willing to meet with us while we are there to tell us about their personal experiences of living as an expat in Tavira and any helpful advice.

Our target date to relocate is next April.

Sandra & Micheal Hill

Email: [Sandra.jf.Hill@gmail.com](mailto:Sandra.jf.Hill@gmail.com)





TRIBULUM  
RESTAURANTE

Pink  
Morning

## BREAST CANCER AWARENESS EVENT

THURSDAY 2ND OCT 10:00 AM | 12:00 PM

JOIN US AND SUPPORT  
**ASSOCIAÇÃO PARTILHAS E CUIDADOS, NPO**  
PROVIDING CARE AND SUPPORT FOR COMMUNITY  
MEMBERS LIVING WITH CANCER

COFFEE, TEA & TASTY TREATS

SHORT SPEECHES

GREAT PRIZES

LIVE MUSIC

BEST DRESSED IN PINK

INVITE YOUR FAMILY & FRIENDS

CONTRIBUTION 15€ CASH  
**10€ GOING TO CHARITY**



CONFIRM YOUR ATTENDANCE AT  
+351 289 397 784  
ADMIN@TRIBULUMALGARVE.COM



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Our East Algarve, Animal Sterilisation  
Programme, StreetLife, celebrates it's  
**8th Anniversary &  
1500 sterilisations...**  
**A double celebration!**

### SIMPLY THE BEST .... THANK YOU!!!

78 guests enjoyed a delicious three-  
course meal with wine, followed by an  
evening of lively entertainment.

Many *afpop* members supporting  
StreetLife attended this event.

With the themed "Rod & Tina – It  
Takes Two!" and a sprinkling of 80s  
classics, diners were soon on their  
feet. Laughter, music, and dancing  
carried on late into the night, making  
it a truly memorable occasion.

Thanks to their support, and the  
enthusiasm of our guests, spirits were  
high, and **the evening raised an  
impressive €1,242** for StreetLife's vital  
work.



StreetLife now supports 6 Animal Shelters in our East Algarve area as well as  
helping families on low incomes to sterilise their dogs.

**If you are interested in our StreetLife Events**

**please contact: [events@streetlife.pt](mailto:events@streetlife.pt)...**

Together we are making a difference... 1500 dogs sterilised... we are so  
proud of the East Algarve Area for making this happen !

*Regards....*

*Graeme*

StreetLife President



## BLIP EXPO 2025

NOT TO BE MISSED  
put the dates in your dia-  
ries

**11 - 12  
OCTOBER  
PORTIMÃO  
ARENA  
FREE  
ENTRANCE**

